

УДК 372.881.111.1

DOI: <http://10.32589/1817-8510.2023.3.290262>

Ivanova Iryna,

PhD (Pedagogical Sciences), Associate Professor
Associate Professor of the Department of Economics, Entrepreneurship and Marketing
Cherkasy State Business College
ORCID iD: 0000-0002-4769-3620
irivik@gmail.com

Potapenko, Liudmyla,

PhD (Philology), Associate Professor
Teacher of Foreign Languages Cycle Commission
Cherkasy State Business College
ORCID iD: 0000-0003-3076-5154
milavit7@ukr.net

Palienko Aliona,

Teacher of Foreign Languages Cycle Commission
Cherkasy State Business College
ORCID iD: 0009-0003-1246-0039
palienko130487@gmail.com

A GLIMPSE OF THE POTENTIAL OF TASK-BASED LANGUAGE TEACHING IN FOSTERING EFFECTIVE COMMUNICATION (on the example of the topic MOOD FOOD)

It is a matter of common fact that the modern world is becoming more and more globalized. The desire of students to become multilingual is clear and justified. Without any doubt, those who are fluent not only in their mother tongue, but also in other languages will, have higher competitiveness in the labour market. Knowledge of a foreign language, especially English, is an urgent need both for professional and personal growth. It is considered an important component of future professional image. All these prerequisites have given rise to launching an elective course "Communicative English" at Cherkasy State Business College. The offered toolkit can serve as a teacher's set of resources to foster effective communication related to the topic MOOD FOOD. The analysis of top current trends in teaching ESL proves that Task-Based Language Teaching (TBLT) will continue to dominate classrooms. The material is designed in accordance with TBLT approach facilitating students' engagement in meaningful communication. It presents the combination of TBLT with the other educational approaches such as authenticity, gamification of learning, cultural awareness, creativity, collaboration, inquiry-based learning. The presented tasks and activities enable a teacher to create a learning environment rather than just a classroom inspiring students and having better outcomes.

Key words: English as a second language; Task-Based Language Teaching; communication; tasks; language development

Іванова Ірина Вікторівна,

кандидат педагогічних наук, доцент
доцент кафедри економіки, підприємництва та маркетингу
Черкаський державний бізнес-коледж
ORCID iD: 0000-0002-4769-3620
irivik@gmail.com

Потапенко Людмила Віталіївна,

кандидат філологічних наук, доцент,
викладач циклової комісії іноземних мов
Черкаський державний бізнес-коледж
ORCID iD: 0000-0003-3076-5154
milavit7@ukr.net

Палієнко Альона Володимирівна

викладач циклової комісії іноземних мов
Черкаський державний бізнес-коледж
ORCID iD: 0009-0003-1246-0039
palienko130487@gmail.com

ПОГЛЯД НА ПОТЕНЦІАЛ ТЕХНОЛОГІЙ ВИКЛАДАННЯ МОВИ НА ОСНОВІ ЗАВДАНЬ ДЛЯ СПРИЯННЯ ЕФЕКТИВНОМУ СПІЛКУВАННЮ (на прикладі теми MOOD FOOD)

Загальновідомо, що сучасний світ дедалі більше глобалізується. Бажання студентів стати багатомовними є зрозумілим і виправданим. Без сумніву, ті, хто вільно володіє не лише рідною, а й іншими мовами, матимуть вищу конкурентоспроможність на ринку праці. Знання іноземної мови, особливо англійської, є нагальною потребою як для професійного, так і особистісного зростання. Це також вважають важливим складником майбутнього професійного іміджу. Усі ці передумови стали підставою для запровадження в Черкаському державному бізнес-коледжі елективного курсу "Communicative English". Запропонований інструментарій може слугувати набором ресурсів учите-

ля для сприяння ефективній комунікації за темою MOOD FOOD. Аналіз основних сучасних тенденцій у викладанні ESL доводить, що Task-Based Language Teaching (TBLT) продовжуватиме домінувати в процесі навчання іноземних мов. Матеріал розроблено відповідно до підходу TBLT, що сприяє залученню студентів до змістовного спілкування. TBLT поєднується з іншими освітніми підходами, такими як автентичність, гейміфікація навчання, культурна обізнаність, творчість, співпраця, навчання на основі запитів. Представлені завдання та види діяльності дають змогу вчителю створити навчальне середовище, а не просто класну кімнату, надихаючи учнів на досягнення кращих результатів навчання.

Ключові слова: англійська як друга мова; викладання мови на основі завдань; спілкування; завдання; розвиток мови

MOOD FOOD

Level: A2+/ B1

1. Brainstorming. What kind of food do you like/dislike?

LIKE	DISLIKE
I really like ...	I really don't like ...
I enjoy ...	I can't stand ...
My favourite dish is ...	I'm not keen on ...
I'm keen on ...	I really dislike
I prefer ... to...	
I'd rather eat ... than...	

2. A guessing game

Choose a food item. Ask yes/no questions to work out what it is

Sample:

Is it ... big? small? long? round? green?

Is it ... a vegetable? a fruit? meat?

Is it ... sweet? spicy? crunchy? soft?

3. Make a sentence about your groupmates but without saying their names, e.g. 'She likes bananas, milk and pizza, but she doesn't like sandwiches or potatoes.' The others have to guess the name of the person described.

4. Pre-listening task. Translate new words and expressions and memorize them. Then make five sentences with any of them.

Part I. Variety, flavour, butcher, pie, beef, savoury, cuisine, spicy, dip, rustic, scrumptious, moist, cutlery, plate, bowl, staff, onion, offer, accessible, burden, pleasure, instant food, convenience store.

Part II. Promote healthy eating; the first thing that comes to my mind; to be a big fan of; a good choice for; I wasn't expecting; let me tell you a little bit more about; picky eater; to be familiar with; to go with the foods; to have a sweet tooth; on the one hand, on the other hand; to be worth trying; to enjoy food.

5. Listening task. Watch the episode where a speaker is talking about food. Use the QR code or the link below. Summarize what the episode is about



<https://www.youtube.com/watch?v=TNNwtmzXdy0>

6. Listen again and fill the gaps in the text

Episode 1. British food is worth trying...

British food has more _____ than you think. There`s so many _____ of British food and we don`t hear about it. So, the first one I want to tell you about is _____. There are so many types of sausages from around England and each _____ has their own sausage. So there`s all the different _____ and there`s Cumberland sausages and Landcaster sausages. I really _____ going to England, going to a _____ and trying all these different types of sausages and I _____ you at least you will think of England. When you think of sausages in the future, not just Germany. The next thing I think you should try is _____. Cheese also, every single region of England has _____ cheese. So if you go to a cheese shop, there`s hundreds of types of cheeses and they are _____. Finally, I'll tell you about _____ and I could talk about pies for days, but British pies are _____...there`s beef pies, _____ pies, _____ pies.

Episode 2. What is your favourite cuisine?

My favourite _____ is...Its`s really difficult to answer actually but for now I will say Indian. In England, we _____ a lot of Indian _____ people may not know but there are so many _____ Indian restaurants owned by Indian people very often and I love _____ curries, I love naan bread and I love the poppadoms with dips. So yeah, I would say Indian _____.

Episode 3. What`s your favourite meal of the day?

My favourite _____ of the day has to be _____. I do like _____ a lot and it`s very important to me, but there`s not enough _____ at breakfast so dinner to me is the most _____ meal.

Episode 4. Tell me about your favourite restaurant.

I'd like to tell you about my favourite _____ which is a French restaurant in Seoul. I can't remember the _____ but it's a very lovely restaurant in Seoul. In...about 8 years ago, I went to this restaurant for my birthday and it's...I wasn't expecting much. I went into the restaurant and it was very nice looking restaurant, it was quite _____ and I was a big _____ of French _____. So this was a good _____ for me, but they really put on a great course _____ it was actually wonderful. Scrumptious! And at the end of it, they gave me a birthday _____ because we had told them it was my birthday. I wasn't expecting it, but they brought out a really nice, moist birthday cake and it was a great end to great meal. Let me tell you a little more about this restaurant. I've actually been there few _____ now because it was such a good _____ but it's a red-coloured

restaurant and it's little bit _____ inside. They've got really nice cutlery, plates, bowls etc. And the _____ are really nice. That's an important thing. They also have a very large menu. I'm not a picky eater so I do like to see all the unusual foods that I can _____. On the other hand, I do often go with the foods. I'm _____ with that I like, such as French _____ soup. So for me personally, it's my _____ restaurant in Seoul. I wish I could tell you the name of it so that I could _____ it, but I always forget because it has a French name. In the future, I really want to go back there _____ times perhaps I'll live in Korea another 5 years so I hope to go back there another two or three times in the next _____ of years.

Episode 5. How can we make people eat healthier food?

I think there are so many picky eaters and... a lot of people I know have a _____ tooth so how can we make people eat healthier food? Maybe you can make sweet food...or healthier food sweeter and make it therefore more _____ the problem sometimes is that healthy food can be quite bland and I know this is not entirely true. I know it can be _____. You can cook very _____ food that's also _____, but it does take time. So, if there could be a way to offer food that is perhaps sweeter, perhaps stronger, more accessible to people then that would be a way to make people eat healthier food.

Episode 6. Do you think that cooking is a pleasure or burden for most people?

I think for most people _____ is _____. A lot of people work long _____ or they have children. They have commitments and cooking very often takes getting on for an hour or maybe even longer. I know for me, when I cook _____ at the _____, I have some more time, I take almost 2 hours to cook but that's because I like it. A lot of people don't _____ cooking and they just see it as a _____.

Episode 7. Do you believe that the 21st century diet is a healthy one?

I think the 21st century _____ is on the whole not very _____. We have a lot of fast food and we eat a lot of _____ foods from the convenience store or quick _____, things like that. So that's not a _____ thing. On the other hand, there is a bit of a _____ towards healthy food because of Instagram _____ that promote healthy eating and _____ who _____ healthy eating, so I wouldn't say it as bad as 10, 20 years ago, but it could be a lot better.

7. Post-listening task. Discussion. Answer the questions.

- What is your favorite cuisine?
- What is your favourite meal of the day?
- What is your favourite restaurant?
- How can we make people eat healthier food?
- Is cooking a pleasure or a burden for most people?
- Is the 21st century diet a healthy one?

8. Vocabulary Practice. Find synonyms to the following words in the list of active vocabulary (Ex. 4).

Taste, propose, village, available, diversity, delicious, satisfaction, load, cooking, wet

9. Vocabulary Practice. Complete each line with the most suitable word from active vocabulary.

1. Baker, confectioner, ...
2. Tomato, potato, ...
3. Junk food, processed food, ...
4. Supermarket, grocery store, ...
5. Pork, chicken, ...
6. Cake, biscuits, ...
7. Sweet, sour, ...

10. Language development. Make two questions using phrases from the active vocabulary (Part II) and ask your partner to answer them.

E.g. S1: What is the first thing that comes to your mind when you think of Ukrainian cuisine?

S2: The first thing that comes to mind is varenyky.

11. Idioms in English. Match the idioms with their definitions and translate them or find their Ukrainian equivalents.

- | | |
|-------------------------------------|---|
| 1. Cool as a cucumber | a. An intelligent person |
| 2. Couch potato | b. Very easy |
| 3. Apple of someone eye | c. Someone you admire |
| 4. A piece of cake | d. A person who watches a lot of television |
| 5. A smart cookie | e. Very relaxed |
| 6. Big cheese | f. Life is good |
| 7. Sell like hot cakes | g. To be in a difficult situation |
| 8. Not my cup of tea | h. Something you don't like or can't do |
| 9. To be in a pickle | i. Bought by many people |
| 10. Life is just a bowl of cherries | j. Very important person |

12. Explain the following proverbs. Find their Ukrainian equivalents. Choose one proverb and write an opinion essay giving your reasons and examples.

An apple a day keeps the doctor away.

Man does not live by bread alone.

When life gives you lemons, make lemonade.

You are what you eat.

You can't make an omelette without breaking eggs.

Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime.

13. Phrasal Verbs for English Fluency. Memorize the following phrasal verbs.

- | | |
|--------------------|-----------------------|
| 1. Go for | вибирати |
| 2. Eat out | їсти в ресторані |
| 3. Run out of | закінчитися |
| 4. Cut down on | зменшити вживання |
| 5. Eat/drink up | з'їсти / випити все |
| 6. Cut out | виключити з раціону |
| 7. Go/keep on | продовжувати вживання |
| 8. Try out | експериментувати з |
| 9. Take to | почати любити щось |
| 10. Throw away/out | викидати |

14. Phrasal Verbs in Use. Fill in the gaps with following phrasal verbs.

Go for, run out of, cut out, try out, take to, throw away, go on, eat up, eat out, cut down on

1. I generallyat least once a week.
2. If youeating so much sugar, you will have problems.
3. What Iin the restaurant was not as good as I had expected.
4. We haveof bread so I am going to the store.
5. You need to eat up all of your salad to get all of the vitamins.
6. Have youwith your new recipe of cake yet?
7. I havemaking curry. I can't get enough of it.
8. We had betterthe left-over pasta, I think it has gone off.
9. I need tothe amount of coffee I drink.
10. I am thinking of meatof my diet.

15. English across Cultures. A national dish is any country's culinary and even cultural identity. Read the information about national dishes matching the description with the name of the dish and the country. Compare your options with a partner. Tell about Ukrainian cuisine.

1) Layers of eggplant and/or potatoes and spicy ground lamb topped with Béchamel sauce and baked	Goulash	Germany
2) A spicy tomato-paprika-based stew of meat, noodles, and potatoes.	Bratwurst	Spain
3) Wheat noodle soup made of meat broth, flavored with soya sauce and topped with slices of pork, seaweed, onions, and 'men-ma' (fermented bamboo shoots).	Paella	The Middle East
4) A stew of cabbage, mushrooms, tomatoes, ham, and an assortment of different meats such as pork, beef, veal, bacon, etc.	Döner Kebab	Japan
5) Rice simmered in a broth of garlic, tomatoes, freshly cooked vegetables, and fried meat/seafood.	Moussaka	Hungary
6) Sliced crisp beef folded in flat bread with tomatoes, onions, lettuce, and cucumbers.	Falafel	Greece
7) Pork sausage is typically fried and cooked with beer, potatoes, and red cabbage	Ramen	Poland
8) Balls made of deeply fried chickpeas, beans	Bigos	Turkey

16. What is the story? Write a paragraph imagining the story behind the picture. Use active vocabulary, phrasal verbs and idioms.



17. Emotional Eating Quiz. How do you know if you are an emotional eater? You may turn to food when you are struggling with something or even when you are happy. Sometimes, you may not even realize you are using food as a coping mechanism. Take the quiz below to see how much emotional eating is affecting your life.

1. I eat when I am sad or upset.
Yes No
2. I have trouble losing excess weight.
Yes No
3. I find myself on and off diets on a regular basis.
Yes No
4. I feel powerless around food.
Yes No
5. I am constantly thinking about food, even after I just ate.
Yes No
6. I turn to food when I am stressed.
Yes No
7. I still feel unsatisfied after I eat.
Yes No
8. I prefer to eat alone.
Yes No
9. I eat my food quickly and without really chewing it.
Yes No
10. I have strong cravings for specific foods.
Yes No
11. I hide my eating from my family and friends.
Yes No
12. I feel a lot of shame and regret after I eat too much.
Yes No
13. I eat when I am not hungry, just because food is there.
Yes No

14. Snacking makes me feel better in the moment and worse after.

Yes No

15. I feel out of control and unable to control myself around food.

Yes No

How did you score? Give yourself one point every time you answered yes to a question. Add up the points below and let us see how much you use food as a tool to comfort yourself.

If you scored 0-3

Great news! You turn to food minimally. Chances are you are able to manage your emotional eating on your own.

If you scored 4-7

You use food to manage many of your emotions. You feel some guilt when you use food. You may benefit from some support and learning new tools to deal with your emotions.

If you scored 8-15

You use food regularly to deal with your feelings and emotions. You have trouble sitting with your feelings and want to distract yourself. You continuously think about food and tend to get on and off diets.

Source: [3]

18. Brain Training. Follow the clues and fill in all the puzzle's squares.

CLUES ACROSS

- 2. Used for weighing ingredients, when cooking.
- 5. Vegetable similar to a pea; popular in Britain, in tomato sauce.
- 6. Type of fruit, often used in drinks.
- 7. Put this in your drink on a hot day.
- 9. Drink to finish a meal with.
- 10. A salmon is one, so is a sardine.
- 13. Like a tart, but upside-down.
- 14. Fruit often used in 13 - can be green, red, or yellow.
- 16. A slice of beef, usually grilled.
- 18. Cereal much used in Oriental cooking.
- 19. White crystals used in food.

CLUES DOWN

- 1. It is often eaten at teatime.
- 3. Popular breakfast cereal.
- 4. Hot pot of meat and vegetables.
- 8. Kind of potato associated with 10 across in a classic English meal.

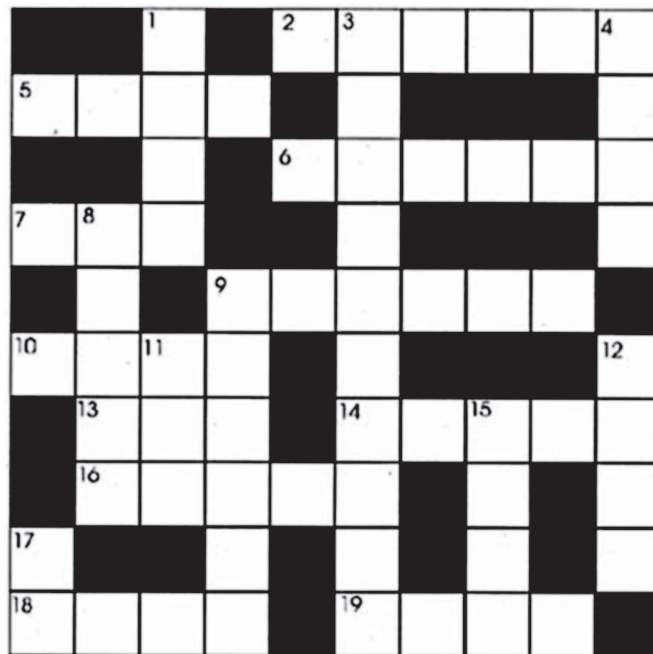
9. It's made from milk, and its most common form is called "Cheddar".

11. You usually do this while you eat

12. Meat taken from a young cow.

15. Outside of orange or other types of fruit.

17. Do you prefer your potatoes boiled __ mashed?



СПИСОК ПОСИЛАНЬ

Emotional Eating Quiz URL: <http://static1.squarespace.com/static/56f429b50bb4ebe5692332bb/t/5760aa972eeb8180041817e4/1465952920392/emotinaleatingquiz.pdf>
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Отримано 23.07.2023 р.